# LIVING POTENTIAL INC.

## Sober Living & Recovery Housing

*www.livingpotentialinc.ca*

## WHO WE ARE

Living Potential Inc. provides a safe, supportive living environment for individuals on their journey from alcoholism and addiction to lasting sobriety. We believe recovery is about more than abstinence—it's about building a stable, meaningful, and fulfilling life.

For the past few years, we have been operating quietly, refining our approach and discovering how we can best serve those in recovery. Today, we are proud of what we've built and are ready to share our vision with our community.

## OUR MISSION

> *"To provide a safe, respectful, and understanding home for like-minded individuals committed to recovery, personal growth, and building a life worth living."*

## ABOUT OUR FACILITIES

At Living Potential Inc., we offer more than just a place to stay—we provide a structured, peer-supported environment designed to help individuals rebuild their lives and achieve lasting recovery.

- **Private Accommodations:** Fully furnished private rooms, each equipped with a brand-new Smart TV (with active subscriptions), a desk, dresser, and closet.
- **Essential Necessities:** In the main house, guests are provided with basic necessities, including groceries, essential personal hygiene items.
- **Co-Ed Sober Environment:** Designed to help guests practice healthy boundaries, respectful communication, and personal accountability in a safe, structured setting.
- **Community & Personal Growth:** Guests are strongly encouraged to seek employment, pursue education, attend recovery meetings, and build relationships with sponsors and counselors to strengthen long-term independence.

## OUR APPROACH

We take a different path from traditional recovery housing by focusing on flexibility, understanding, and real-life integration:

- **Individualized Support:** Each guest is supported on a case-by-case basis.
- **Freedom with Accountability:** Encouraging independence within a structured environment.
- **Compassion & Understanding:** Meeting people where they are, without judgment.

- **Real-Life Integration:** Supporting a smooth transition into everyday living.

## WHAT WE OFFER

- **Accommodations:** Fully furnished private rooms ($1400.00 – $1,700.00 / month)
- **Groceries:** Groceries included at all every LPI facility
- **Personalized Support:** Flexible, personalized recovery support in a peer-supported environment
- **Foundation for Success:** A space designed for stability, growth, and long-term success

## OUR COMMITMENT

At Living Potential Inc., we are committed to walking alongside our residents as they rediscover purpose, rebuild confidence, and unlock their full potential.

# SOBER LIVING APPLICATION

**Confidential Application – For Private Use Only**

*Thank you for applying to become a guest at Living Potential Inc.! Our community provides a safe, supportive, and recovery-focused environment. All applicants are required to complete this form to be considered. Information collected is strictly confidential and only used to determine eligibility.*

## 1. PERSONAL INFORMATION

**Full Name:** _____ **Date of Birth:** _____

**Current Address:** _____

**Phone Number:** _____ **Email Address:** _____

## 2. EMERGENCY CONTACT

**Name:** _____ **Relationship:** _____

**Phone Number:** _____ **Email / Alt Phone:** _____

## 3. HEALTH & SAFETY INFORMATION

*(This section ensures that we can maintain a safe and healthy environment in a shared home. No information provided will be shared.)*

**Do you have any allergies that may require accommodations?**

☐ No ☐ Yes — Please specify: _____

**Do you have any medical conditions we should be aware of for emergency purposes (e.g., seizures, diabetes, mobility concerns)?**

☐ No ☐ Yes — Please explain: _____

_____

**Are you currently prescribed medication that you will be bringing into the home?**

☐ No ☐ Yes — Please list: _____

_____

## 4. SOBRIETY & RECOVERY COMMITMENT

*(To ensure safety for all residents, all guests must agree to maintain sobriety while residing in the home.)*

**Are you willing to maintain sobriety (no use of alcohol or drugs) during your stay?**

☐ No ☐ Yes

**Are you currently engaged in recovery support (Counseling, 12-step, SMART, peer support, etc.)?**

☐ No ☐ Yes

**Do you agree to participate in respecting quiet hours, and contribute to household chores?**

☐ No ☐ Yes

**Have you already attended the following? (Check all that apply)**

☐ Detox ☐ In-Patient Treatment ☐ Out-Patient Treatment

☐ Other — Please specify: _____

## 5. EMPLOYMENT & FINANCIAL INFORMATION

**Current Employer (if applicable):** **Monthly Income:** _____

_____

**Other Source of Support (family, assistance, AISH, etc.):**

_____

**Do you have any current legal obligations (probation, court dates) that may affect your ability to remain at Living Potential?**

_____

## 6. ACKNOWLEDGMENT & AGREEMENT

I understand that this is a sober living environment and I agree to:

- Abstain from alcohol and drugs while living in the home.
- Abide by all house rules.
- Respect the rights and safety of other guests and visitors.

**Signature:** _____ **Date:** _____

## 7. REFERRAL INFORMATION

**How did you hear about Living Potential Inc.? (Please check one)**

☐ Search Engine (Google, Bing, etc.)

☐ Referred by a Treatment Centre

☐ Referred by a Community Supporter (Case Worker, Social Worker, Recovery Coach, Family or Friends, etc.)

If you were referred, please provide the name of the person or organization:

_____

**SUBMISSION INSTRUCTIONS**

A copy of Photo ID and healthcare card must be sent with this application to:

**livingpotentialinc@gmail.com**